

Genesis Spa



AEONIC

SUITES & SPA MYKONOS

Treatment
spa menu

Genesis Spa reinvents the art and wisdom of spa & skin therapy.

From massage to ritual, experience bespoke therapies in a state-of-the-art environment. Choose from a carefully curated menu of treatments – from the luxuriously indulgent and relaxing, to skin clinic-driven treatments created to strengthen your euphoria and skin health. Think of it as relaxation, improvement and beauty redefined.

Indulge in our luxurious massages and skin treatments. Innovative facials and impressive body therapies have been designed to gather together healing techniques and skin masterpieces, under one spa roof.

We go beyond the classic treatments, offering a variety of therapies powered by technology and hands-on therapy. From our Sauna & Steam rooms to our Oxygen Infusion & Anion therapy which delivers the ultimate facial rejuvenation to help recover dull skin.

Our Spa Team will provide you with a fully personalized & consultative wellness experience.



Genesis Signature Spa Therapies

Genesis Signature Aromatherapy Massage 60mins/90mins - €135 / €165

This is a restoring massage that guides you to a higher state of consciousness. The body is taken into a deep state of relaxation, stabilizing the cardiac & respiratory functions. As a result, general energy & vitality levels increase, improving blood circulation & encouraging a positive state of mind. In a blend of uplifting Lemongrass and unwinding Lavender, we take you on a journey of aromas, that enhance on the experience and leave you feeling grounded and aware of your being.

Genesis Signature Natural Face Lift Massage - 45mins - €100

A true non-invasive approach to restoring your youthful vitality. By increasing the skin's elasticity and tightening the facial contour, this massage results in a remarkable reduction in the appearance of wrinkles and expression lines. We use pressure point stimulation, muscle toning and lymph drainage techniques, to reveal skin that feels more bouncy and totally rejuvenated.

Genesis Spa Massage & Body Therapies

Muscle Sports Recovery Massage - 60mins €125 / 90mins €160

This massage involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. This helps to break up scar tissue that forms, to reduce tension in the muscle and tissue. It promotes faster healing by increasing blood flow and reducing inflammation. A massage that helps treat muscle pain, improve stiffness and help you unwind mentally.

Pain Relief Stone Back Massage with Relaxing Foot Massage - 60mins €130

This Massage combination begins with a hot stone back therapy where localized heat and weight of the stones is used to warm and relax muscles, allowing us to apply deeper pressure to areas of concern without causing discomfort. We then treat you to a lower leg and foot relaxing massage to relieve any tension trapped at the base of your body, whilst leaving you feeling light and totally relaxed.

Holistic Stimulating Massage - 60mins €125 / 90mins €160

The term 'holistic' derives from the ancient Greek word 'holos', which means 'whole'. Our Holistic stimulating massage treats the whole body as a single unity, focusing entirely on your needs and concerns that specific day and time. When finishing this customized massage you will feel less physical tension and have a deeper breathing which oxygenates the entire body. The body gets in a natural healing mode that balances your entire being as a whole.

Anti-Cellulite Leg Massage - 45mins €110

This Leg massage helps the blood and lymph circulation in order to reduce and eliminate cellulite and bring the skin to a healthier state. Performed with a Vitamin C infused Body Oil and finished with the application of a Kiwi Intensive Anti-Cellulite Cream, your legs will feel lighter, whilst fluid retention is eliminated and circulation is boosted. We recommend booking this treatment before midday, so you can allow your body to get into a detoxifying process throughout the day.

Tension Relief Restorative Massage - 30mins €85

A Head, Scalp and Neck Massage that addresses all tension trapped at your 'crown'. Muscle release massage techniques and strokes are applied to eliminate headaches and migraines, and enhance a total wellbeing state for the whole body.

Foot Revive Massage - 30mins €85

This lower legs and foot massage addresses tension and pains trapped at the base of your body. Pressure points are addressed, whilst we help your body release any aches that might be related to prolonged seating or long travels.

Pre-Natal Massage - 75mins €160

A therapeutic bodywork that focuses on the needs of the mother-to-be as the body goes through the changes of pregnancy. Enhancing the function of muscles and joints, improving circulation and relieving any mental or physical fatigue.

Detoxifying Body Exfoliation with Lavender & Rosemary grains 30mins €65

A Gentle yet effective body exfoliation with a gel infused with the subtle aromas of Rosemary and Lavender. The exfoliating grains leave the skin feeling smooth & polished, before we apply a Monoi infused Massage Cream that leaves the skin supple and soft, ready for the perfect tan glow.

Post Sun Shea Butter Recovery Ritual 30mins €75

A holistic body wrap with a deep nourishing Shea Butter Mask and a gentle effleurage massage skin renewal massage to help sun kissed skin, calm irritation and boost the recovery mode of your body. Refreshing and unwinding with a therapeutic ability.

The Genesis Skin Clinic

Powered by iS Clinical Cosmeceuticals

All iS Clinical Facials are to be considered Corrective “Progressive” Facials. Offering an array of luxurious, powerful and dramatically effective facial treatments, chosen for your skin types and concerns.

Fire & Ice Clinical Facial

(The Red Carpet A-List Celebrity Facial) - 75mins €160

This is an intensive botanical resurfacing treatment with a unique combination of pharmaceutical grade serums and complexes that optimize and improve skin's quality in an instant. A results driven facial, with zero downtime, which makes the ideal Anti-Ageing treatment facial. Celebrated around the world as the A-List Celebrity Facial, this protocol is known as the Red Carpet Facial for a reason.

The Glass Skin Oxygen Facial - 60mins €140

Our **Oxygen Glass Facial** or **Oxygen Dome Therapy** uses a hyperbaric anion oxygen system: A revolutionary system that turns natural air into pure oxygen of up to 92% and delivers it through a dome-shaped mask in a hyperbaric-like chamber. It generates the amount of anion (negative anion) by 3 million more than natural production. Anions are vitamins from the air, similar to what you get in a deep forest. They induce and stabilize free radicals which in turn help improve cell respiration & activity and heal damaged cells and regenerate new cells. A true skin rejuvenation facial, for a Glass Skin Finish.

Foaming Enzyme Treatment Facial - 60mins €130

The powerful yet soothing facial combines papaya and pineapple enzymes with a potent clinical-level grade of glycolic acid. This professional treatment produces a luxurious foaming activity while bioactive ingredients exfoliate and deep-cleanse the pores, revealing a polished, healthy and radiant complexion.

Honey Enzyme Facial - 75mins €130

This luxurious, gently exfoliating, hydrating facial enhances skin with a light massage and soothing hydration. Effective for all skin types, each use leaves skin softer than ever. The result is a dramatically smoother, brighter and revitalized complexion with a noticeable glow.

Harmony Facial - 75mins €130

This soothing and revitalizing facial is designed to awaken the senses and restore hydration balance to the skin as it renews tone, clarity, and resilience. The Harmony Facial captures the essence of refreshing and therapeutic bio-nutrients and brings forth vibrant energy and circulation, giving a healthy glow to fatigued skin. Great for sensitive skin types.

Exfoliating Clear Skin Facial - 60mins €120

An advanced treatment application designed for gentle exfoliation with soothing and nourishing benefits for oily, congested, blemish-prone or otherwise problematic skin. This facial deep-cleanses, smoothes and polishes to minimize the appearance of enlarged pores, and provides soothing hydration, promoting the look of skin health.

Eye Bright Treatment - 15mins €30

Upgrade any facial with an Eye Bright Treatment, to visually address fine lines, wrinkles, dark circles and puffiness. Deeply nourishing and thoroughly revitalizing, this 15-minute treatment restores vital hydration and nutrition to the delicate skin of the eye area, providing instant improvement and long term results.

Genesis Spa Packages

Supreme Relaxation for Two - 2hours €450 (for both)

- Sauna & Jacuzzi 30mins
- Body Exfoliation 30mins
- Full Body Relaxing Massage 60mins

Renewed & Refreshed for Two - 90mins €380 (for both)

- Sauna & Jacuzzi 30mins
- Body Exfoliation 30mins
- Back & Head Massage 45mins

Skin Confidence - 90mins €200

- The Glass Skin Facial 60mins
- Eye Bright Treatment 15mins
- Neck & Décolleté Massage 15mins

Complete Relaxation - 2hrs15mins €320

- Sauna & Jacuzzi 30mins
- Full Body Aromatherapy Massage 60mins
- Foot Revive 30mins
- Signature Natural Face Lift Massage 45mins

Genesis Absolute Spa Ritual - 2Days €500

- Sauna & Jacuzzi 30mins
- Signature Aromatherapy Massage 60mins
- Signature Natural Face Lift Massage - 45mins
- The Glass Skin Facial - 60mins
- Holistic Stimulating Massage - 60mins
- Body Exfoliation - 30mins

***Genesis Private Wet & Dry Spa Experience 60mins - €90**
(Sauna and Jacuzzi in a private room for two)

*Please speak to our Spa Reception if you require a customised Spa Experience Package

Genesis Spa Finishing Touches

Hands & Feet

Spa Pedicure 75mins

- With Long Lasting Weekly Nail Polish €55
- With Soak Off Gels €65
- For Men €45

Spa Manicure 60mins

- With Long Lasting Weekly Nail Polish €50
- With Soak Off Gels €60
- For Men €40

Waxing

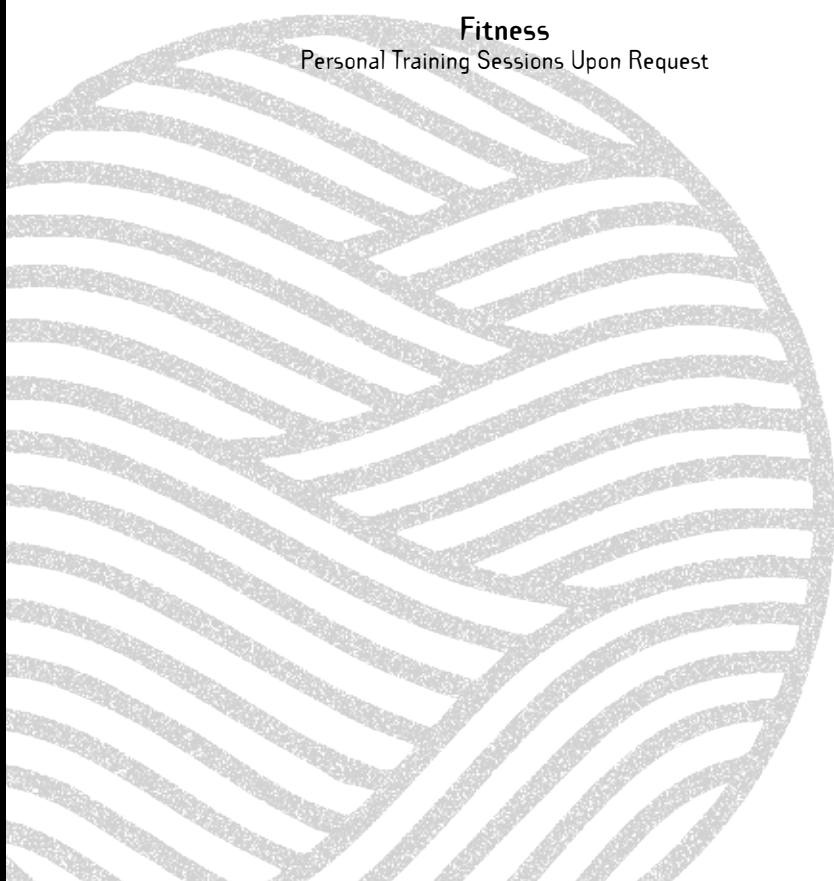
- Arm 40€
- Bikini 50€
- Underarm 25€
- Upper Lip 20€
- Eyebrow Shaping 20€
- Full Leg 60€
- Lower Leg 30€
- Upper Leg 30€
- Chest (Men) 50€
- Back 45€

Hair

Hair Appointments Upon Request

Fitness

Personal Training Sessions Upon Request



The GENESIS Spa Etiquette

SPA OPENING HOURS

10:00 AM to 8:00 PM daily (first treatment begins at 11:00AM, last treatment at 7PM. Should you require bookings outside our spa opening hours, an additional -50 charge will be added to your therapy)

SPA RESERVATIONS

For spa enquiries or reservations please call the spa reception. Advance bookings are recommended to secure your preferred treatment time.

BEFORE YOU ARRIVE

We recommend that you leave all jewellery & valuables in your room before coming to the spa. Genesis will not be held responsible for valuables lost within the spa.

ARRIVAL

Please arrive 15 minutes prior to your appointment in order to complete your medical assessment form before your treatment. We will provide you with robes & slippers to wear while visiting our spa.

CONSULTATION

Personal consultations are offered to determine your specific skin concerns, allowing us to tailor your treatment experience or recommend a more comprehensive spa schedule.

LATE ARRIVALS

Out of respect for other guests, please be aware that we are unable to extend your treatment time in case of late arrivals.

CANCELLATIONS

Please allow a notice period of 24 hours for any cancellations on individual treatments & spa packages, otherwise 50% of the treatment price will be charged. Failure to honor your appointment will result in a 100% treatment charge.

DURING YOUR STAY

Out of respect for other guests, smoking & active mobile phones are not permitted in the spa. Our Spa is only available for adults, and 16 year old teenagers accompanied by a parent.

AFTER YOUR TREATMENT

To extend your wellness experience, a variety of products are available for purchase at the spa reception.

SANITISATION & DISINFECTION

All treatment rooms are properly & thoroughly sanitized after every treatment; disposable materials are used where possible & all towels are freshly cleansed & used only once before they are washed. Sufficient time is kept between each appointment to ensure that treatment rooms are properly disinfected at all times.

PAYMENT

For hotel guests, all treatments can be charged to your room & will appear on your account at the time of departure from the hotel. Otherwise, major credit cards or cash are accepted at the spa reception.

VOUCHERS

If you wish to gift a loved one a special Genesis Spa Treatment, please speak to Spa reception, and we will happily prepare a customized Gift card for you.

HYGIENE & SAFETY

Your hygiene and safety are our priority. Please rest assured that all our treatment rooms are properly sanitized and cleaned pre and post treatments, to ensure that you enjoy your therapy without any worries.



AEONIC

SUITES & SPA MYKONOS